

Competition Accomplishments

<p><u>Level 8, 2019</u></p> <ul style="list-style-type: none"> • Wildcard Carnaval Classic: finishing in a 2nd place tie in All Around (33.350) • State Meet: finishing 21st in All Around (32.800) 	<p><u>Level 8, 2020</u></p> <ul style="list-style-type: none"> • Hang 10 Invitational: finishing 8th in All Around (32.250) • Dairy Aire Gymnastics Invitational: finishing 6th in All Around (32.950) • Wildcard Carnaval Classic: finishing 2nd in All Around (32.575)
<p><u>Level 8, 2021</u></p> <ul style="list-style-type: none"> • Lake Geneva Gymnastics Vacation Classic 2021: took home 3rd on Vault & Floor, 1st on Bars & Beam and 3rd in All Around (34.275) • Let it Snow Infinite Dual Meet: took home 1st in all events and All-Around (33.950) • Wisconsin Dells Gymnastics Vacation Classic 2: took home 2nd on Vault and Beam, 1st on Bars Floor and All Around (33.80) • Mississippi River Classic: took home 2nd (tied) on Vault, 2nd on Bars, 4th on Beam, Floor and 3rd in All- Around (34.550) • Lucky Invitational: took home 9th on Vault, tied for 9th on Bars, 15th on Beam, tied for 5th on Floor, and 8th in All-Around (34.600) • 2021 Wisconsin Level 6-10 State Championships: took home 8th on Vault, 6th on Bars, 7th on Beam, tied for 9th on Floor, and 6th in All-Around • Region 4 Level 6-10 USAG: took home 4th on Vault, 14th on Bars, 13th on Beam, 9th on Floor, tied for 11th in All-Around • AAU State Championship: took home 5th on Beam, 2nd on Vault, Bars, Floor and All-Around 	

Skills Competing & Training

<p>Bars</p> <ul style="list-style-type: none"> • Clear hip to hand • Giant giant flyaway connection • 1/2 pirouette low and high 	<p>Beam</p> <ul style="list-style-type: none"> • BHS BHS series • Round-off/BHS Full twisting layout dismount • Switch leap sissone series
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<ul style="list-style-type: none"> ● Pak Saltos ● Toe to Hand on low 	<ul style="list-style-type: none"> ● Switch Leap Switch leap series ● Switch leap back tuck series ● BHS Back Layout series ● Wolf Turn- ½ & full
<p>Floor</p> <ul style="list-style-type: none"> ● Front tuck step out round off back tuck/ full twisting layout ● Front handspring- front lay- front lay ● Back BHS layout full/ double ● Arabian punch front 	<p>Vault</p> <ul style="list-style-type: none"> ● Half on half off ● Front Handspring ● Half on- Tuck/pike Tsukahara ● Yurchenko on- Tuck/pike Tsukahara

For Videos of Skills & Routines Visit Below

Instagram: https://www.instagram.com/sarahsimon_gymnast/

YouTube: <https://www.youtube.com/channel/UC0jKcW7RpRGnSegsG2k4KyQ>

About

Sarah is a hard working gymnast and student, she participates in the band as well as track and has been an active member of Web leaders which is a program through school that aids students in adjusting to the middle school experience. In addition, Sarah has been able to maintain a 4.0 GPA and was an honor roll member through middle school. Sarah has also been honored with the principles award, this award is only given to select students for their excellence and leadership qualities they have exhibited over their middle school careers. Sarah not only displays leadership and excellence in school but also brings it into her gymnastics career. Sarah is one of the first to comfort a struggling teammate and helps with our recreational department when her schedule permits.

During her free time she enjoys being on the water and boating with her family members and friends.