

Competition Accomplishments

<p><u>Level 8, 2018</u></p> <ul style="list-style-type: none">• Wisconsin Level 6-10 State Meet: finishing 6th in All Around (34.725)• Region 4 Level 8-10 Championships: finishing 17th in All Around (34.375)	<p><u>Level 8, 2019</u></p> <ul style="list-style-type: none">• Fall Challenge: finishing 2nd in All Around (35.525)• Wildcard Royale: finishing 1st in All Around (35.825)• Clash of the Titans: finishing 2nd in All Around (35.300)• Lake Geneva Gymnastics Vacation Classic: finishing 1st in All Around (35.850)• Altius Pink Meet 2019: finishing 4th in All Around (35.475)• Carnival Classic: finishing 1st in All Around (35.075)• Wisconsin Level 6-10 State Meet: finishing 9th in All Around (35.175)• Region 4 Level 8-10 Championships: finishing 13th in All Around (34.450)
<p><u>Level 9, 2020</u></p> <ul style="list-style-type: none">• Hang 10 Invitational: finishing 5th on Floor and 5th All Around (33.250)• Dairy Aire Gymnastics Invitational: finishing 4th in All Around (32.000)• Wildcard Carnival Classic; finishing 1st in All Around (34.050)	<p><u>Level 9, 2021</u></p> <ul style="list-style-type: none">• Lake Geneva Vacation Classic 2021: took home 1st on Vault and Floor, 2nd on Bars and Beam and 1st in All Around (34.725)• Let It Snow Duel Meet: took home 1st on Vault, Bars, Beam, 2nd on Floor and 1st in All Around (35.100)• Wisconsin Dells Gymnastics: took home first for all events and 1st in All Around (35.125)• Mississippi River Classic: took home 1st on Vault, Beam, Floor, 2nd on Bars and 1st in All-Around (35.200)• Lucky Invite: took home 1st on Vault, 4th on Bars, 2nd on Beam, and 3rd All-Around (35.875)• 2021 Wisconsin Level 6-10 State Championships: took home 2nd on Vault, 3rd on Bars, 5th on Beam and Floor and tied for 2nd All-Around (35.375)• Region 4 Level 6-10 USAG: took home 8th on Vault, 4th on Bars, 15th on Beam, 15th on Floor, 12th in All-Around (34.725)• 2021 AAU State Championships: took home 2nd on Floor, 1st on Vault, Bars, Beam and All-Around (35.025) Also being awarded

	the All American Award for having the highest All- Around score within the competition.

Skills Competing and Training

<p>Vault</p> <ul style="list-style-type: none"> • Tuck/Pike/ Layout Tsukahara • Tucked/ Piked Yurchenko • Front handspring front Tuck • Twisting Tuck/Layout dismounts 	<p>Bars</p> <ul style="list-style-type: none"> • Double back • Half pirouette on low and high • Bail • Pak Salto • Clear Hip connections • Toe to Hand connections • Clear Hip giant giant Double Back
<p>Beam</p> <ul style="list-style-type: none"> • BHS BHS connected series • BHS Back layout series • Front tuck • Switch leap w/ connections • Back tuck w/connection • Standing aerial • Twisting Jumps • Half & Full Wolf Turn 	<p>Floor</p> <ul style="list-style-type: none"> • Double back • Front 1 & ½ • Standing aerial • Front handspring layout layout • Arabian punch front, • Switch- Leap Half, • Switch-Leap Popa connection, • Switch Ring Leap, • Twisting Jump connections

For Videos of Skills & Routines Visit Below

Instagram: <https://www.instagram.com/aaliyahkrause2024/>

YouTube: <https://www.youtube.com/channel/UCOW8GkRRWOBqaYpnODYHNZA>

About

Aaliyah has been training at Wildcard since she was 4 years old, and since has become one of Wildcards Team leaders throughout her career at Wildcard Gymnastics. Aaliyah is always a positive influence in the gym, when a teammate is having a rough practice she will be one of the first to make sure they are okay and continue to encourage and give advice when she can. Aaliyah enjoys helping the younger levels with their skills and assists with the Wildcard Gymnastics Recreational Department when her schedule permits.

Aaliyah also has a deep passion for music, she is learning to play unique instruments such as the ukulele and piano in her free time.

In her future, Aaliyah hopes to attend a University that will extend her promising gymnastics career into her adult life. Aaliyah hopes to have a career as an orthodontist. She will be pursuing courses with an emphasis on pre-dental, chemistry, biology, physics and other science programs throughout her high school and college career to prepare herself for this career choice.